

**235.10****Summary Tables of Food Packages**

<b>Foods</b>	<b>Fully breastfed</b>		<b>Partially (mostly) breastfed</b>		<b>Fully formula-fed</b>	
	<b>I-BF</b>	<b>II-BF</b>	<b>I-BF/FF and III BF/FF</b>	<b>II-BF/FF and III BF/FF</b>	<b>I-FF and III-FF</b>	<b>II-FF and III-FF</b>
	<b>0-5 mo.</b>	<b>6-11 mo.</b>	<b>A: 0 to 1 mo.  B: 1-3 mo. FNB 364 oz.  C: 4-5 mo. FNB 442 oz.</b>	<b>6-11 mo. FNB 312 oz.</b>	<b>A: 0-3 mo. FNB 806 oz.  B: 4-5 mo. FNB 884 oz.</b>	<b>6-11 mo. FNB 624 oz.</b>
<b>WIC formula</b>						
<b>Powder (MMA)</b> (reconstituted)	---	---	A: 104 oz. B: 435 oz. C: 522 oz.	384 oz.	A: 870 oz. B: 960 oz.	696 oz.
<b>Concentrate (MMA)</b> (reconstituted)	---	---	A: 104 oz. B: 388 oz. C: 460 oz.	315 oz.	A: 823 oz. B: 884 oz.	630 oz.
<b>Ready-to-feed (MMA)</b>	---	---	A: 104 oz. B: 384 oz. C: 474 oz.	338 oz.	A: 832 oz. B: 913 oz.	643 oz.
<b>Infant foods</b>						
<b>Cereal</b>	---	24 oz.	---	24 oz.	---	24 oz.
<b>Fruits &amp; vegetables</b>	---	256 oz.	---	128 oz.	---	128 oz.
<b>Meats</b>	---	77.5 oz.	---	---	---	---
<b>Definitions:</b> <b>Full nutrition benefit (FNB)</b> is the minimum amount of reconstituted fluid ounces of liquid concentrate infant formula as specified for each infant food package category and feeding variation. <b>Maximum monthly allowance (MMA)</b> is specified in reconstituted fluid ounces for liquid concentrate, RTF liquid and powder forms of infant formula and exempt infant formula.						

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## Summary Tables of Food Packages, Continued

	<b>III Children and Women with Qualifying Conditions</b>	<b>IV Children 1-5 yr.</b>	<b>V Pregnant or Partially (mostly) Breastfeeding</b>	<b>VI Not Breastfeeding (up to 6 mo. )</b>	<b>VII * Fully Breastfeeding (up to 1 year)</b>
<b>Formula</b> (liquid concentrate)	455 oz.	N/A	N/A	N/A	N/A
<b>Juice</b>	The same maximum allowances as listed for Food Packages IV, V, VI, VII based on medical documentation	128 oz.	144 oz.	96 oz.	144 oz.
<b>Milk, fluid</b>		16 qt.	22 qt.	16 qt.	24 qt.
<b>Cereal</b>		36 oz.	36 oz.	36 oz.	36 oz.
<b>Cheese</b>		N/A	N/A	N/A	1 lb.
<b>Eggs</b>		1 dozen	1 dozen	1 dozen	2 dozen
<b>Fruits &amp; Vegetables</b>		\$8.00	\$11.00	\$11.00	\$11.00
<b>Whole wheat bread or other options</b>		2 lb.	1 lb.	N/A	1 lb.
<b>Fish (canned)</b>		N/A	N/A	N/A	30 oz.
<b>Legumes, dry</b>		1 lb.	1 lb.	1 lb.	1 lb.
<b>Peanut butter</b>		OR 18 oz.	AND 18 oz.	OR 18 oz.	AND 18 oz.

\*This food package is also provided to women pregnant with 2 or more fetuses and to women fully or partially breastfeeding multiples from the same pregnancy and pregnant women who are also partially (mostly) breastfeeding. Women fully breastfeeding multiples receive 1.5 times the maximum allowance.

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## Summary Tables of Food Packages, Continued

**Breastfeeding dyads** The table below describes the food packages for breastfeeding dyads based on infant's age and breastfeeding status.

Infant's Bf Status	Each month	Infant's Age			
		Birth – 1 mo.	1-3 mo.	4-5 mo.	6-11 mo.
<b>Exclusive OR Other food or beverage</b>  (No WIC formula)	<b>Infant gets:</b>	Breastmilk	Breastmilk	Breastmilk	24 oz. cereal 256 oz. fruits & vegetables 77.5 oz. meats
	<b>Mother gets food package:</b>	Fully breastfeeding	Fully breastfeeding	Fully breastfeeding	Fully breastfeeding
<b>Partially BF Within Range</b> ( $\leq \frac{1}{2}$ WIC formula package)  Partially breastfeeding	<b>Infant gets:</b>	Breastmilk 1 can formula  Infant's bf status = 1 can formula in first month	Breastmilk 1-4 cans formula	Breastmilk 1-5 cans formula	Breastmilk 1-3 cans formula 24 oz. cereal 128 oz. fruits & vegetables
	<b>Mother gets food package:</b>	Pregnant or Partially Breastfeeding (Part BF In Range)	Pregnant or Partially Breastfeeding (Part BF In Range)	Pregnant or Partially Breastfeeding (Part BF In Range)	Pregnant or Partially Breastfeeding (Part BF In Range)
<b>Partially BF Out of Range</b> ( $> \frac{1}{2}$ WIC formula package) (Partially (mostly) breastfeeding)	<b>Infant gets:</b>	Breastmilk >1 can formula  Infant's bf status = >1 can formula in first month	Breastmilk >4 cans formula	Breastmilk >5 cans formula	Breastmilk >3 cans formula 24 oz. cereal 128 oz. fruits & vegetables
	<b>Mother gets food package:</b>	Not Breastfeeding (Part BF Out of Range)	Not Breastfeeding (Part BF Out of Range)	Not Breastfeeding (Part BF Out of Range)	No food package; remains Active on WIC
<b>Never breastfed OR terminated breastfeeding</b>	<b>Infant gets:</b>	9 cans formula	9 cans formula	10 cans formula	7 cans formula 24 oz. cereal 128 oz. fruits & vegetables
	<b>Mother gets food package:</b>	Not Breastfeeding	Not Breastfeeding	Not Breastfeeding	No food package; no longer eligible for WIC

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